



# Suze Maclaine Pont

Trauma Specialist & Business Coach

## A TWO-YEAR CERTIFICATION COURSE THAT TEACHES YOU MY SOUL HEALING INTEGRATIVE TRAUMA THERAPY METHODOLOGY AND DEEP INNER CERTAINTY AND CONFIDENCE TO FACILITATE THE DEEPEST TRANSFORMATION YOU + YOUR CLIENTS WILL EVER EXPERIENCE

- ★ Become one of the best Integrative Trauma Therapists and SoulHealers
- ★ Be known as a deeply compassionate, authentic, leading coach with a deeply transformative approach
- ★ Learn deep human psychology, be an authentic human, and combine that with empathy, spirituality and trauma therapy
- ★ Gain complete confidence your clients will always experience deep healing in every session
- ★ Learn how to facilitate healing by simply being present while also feeling confident to ACT when necessary
- ★ Almost unimaginable + long-lasting results in sessions of only one hour
- ★ Learn to regenerate your own system and your clients on a deeper level than ever before through allowing their Soul to heal and hold their nervous system

Why choose this program?

- 🌟 Discover the transformative power within yourself of being so present with yourself that your presence heals, and heal your own trauma while becoming a beacon of light for others.
- 🌟 Embrace a deeply compassionate and human approach that combines deep human psychology, empathy, spirituality, and trauma therapy to facilitate authentic and deeply transformational results
- 🌟 Create deep certainty and unwavering confidence in your ability to guide your clients through their journeys, whether it's through your presence or intuitive interventions.
- 🌟 Create permanent change and huge shifts in as little as one hour, every session you have with
- 🌟 Move beyond the mind and the 'understanding' of what happened and help people use their Soul as their guide to healing, regenerating their nervous system and creating a healthy foundation so that they feel complete again.
- 🌟 Fulfill your own purpose on the deepest level by creating a world of peace, harmony and joy filled with equal opportunities for all humans.

*Suze Maclaine Pont*



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**When you can help Souls to be fully present  
in the human body, you help people feel  
whole again and that's something the world  
needs more than ever right now**

## **You are here for a reason.**

You have a deep soul-fueled inner drive that you were born to contribute to change in this world. You work with people. You love them. You see where they get stuck. You already create deep transformation in their minds, perhaps also their businesses, bodies and worklife.

You desire to lead as a human being and you facilitate deep change. You value authenticity and integrity over anything. Every day you commit to contributing to a more human world.

The work you already do and have done proves you have a valuable gift. And now you're ready to own and BE that gift on a whole new level and take the next step in your journey towards a world of peace and harmony.

YOU ARE HERE TO HELP HEAL THE WORLD so that we can live here as the full humans we are, shamelessly show our gifts, add our contributions and live in abundance. You want to help build a world filled with harmony and opportunities for ALL HUMANS.

Deep down you KNOW it's possible to create a more peaceful world... but you also know a crucial piece is missing. It looks like everyone is waiting for everyone, and no one is allowing themselves to REALLY move, especially when it gets 'real'. As if we need permission ...

You have learnt many tools, and keep on adding and expanding your work. Yet you haven't found 'the one tool' that helps people get to the other side and just brings relief instantly. Mind-focused books, courses, programs, and certifications on the market. You have done them all. You crave simplicity and feeling enough simply in who you ARE!

**If this is you, you sound like most of my clients!**

*Suze Maclaine Pont*



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You work with people on a deep level, and you are always looking to become even more effective. You have learnt some tools when it comes to trauma. But... It always looks like there is more to fix and more to heal.

Isn't there a place where all that ends?

YES, there IS! We need to stop looking to heal the trauma, and start looking to strengthen the Soul, so that the body starts to let go of the trauma itself. THAT process is what you have been looking for. But to do that, you do need to understand trauma on a deeper level than just a 'series of unfortunate events'...

Let me assure you, you've found that missing link. This is the certification that will change everything. For you, for your clients, and for everyone who knows you.



### I'm Suze Maclaine Pont,

Creator of the Integrative Trauma Therapy Certification Course and Founder of the Academy of Soul Healing. I am originally trained as a shipbuilding engineer and also mother to two beautiful humans of 16 and 18. My journey on becoming a therapist did not start out with me wanting to become a coach or a therapist, but simply for me to heal my own journey.

At 23 I was suicidal. I had some nice moments in life, but overall I didn't see what I was here for, what I was contributing to and why I should stay. At 25 I re-committed to life, yet I also vowed that I was going to find out how to truly LIVE and not merely survive. I truly wanted to understand what it was I am doing here and how to embrace life as fully as possible. So I went deep. I studied transactional analysis, trauma therapy, nlp,

family constellations, compassionate inquiry and psychosynthesis among other methods. I went ALL IN. For my own survival.

When the people in the innovation projects I worked on started to ask me entirely different questions - about relationships and life - I started to see that my true contribution was not in the tasks I was asked to do, but in the person I was becoming. My presence was what healed and helped other people to become more effective. Not the 'things I did'.

Once I started to truly appreciate that, I changed my business and became a coach, a trainer, and I shifted my work to helping people step into who they were meant to be from day 1.

*Suze Maclaine Pont*



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### **Some people claim I am ‘a LOT’ to deal with.**

I am highly gifted, always expanding, associating with ideas, creating new meaning and wanting to know more, deeper and connecting everything. My number one key strength is learning, and I am interested in just about everything. I always want to go to the bottom, take all the courses and fully understand what I am doing. Not just theoretically, but also from my own experience. Meaning I have been through all the healing you can possibly imagine and have over 20 years experience transforming people’s souls, hearts, minds, and businesses.

I have been a business owner for 24 years, and I have gone from suicidal to thriving and all the ups and downs inbetween. My grandmother always said I have been through more than she had in her life (she was 93 when she said it and had experienced two world wars).

The reason I am seriously great at what I do is because I take my own medicine over and over again, I teach what I DO, as well as KNOW what I am doing.

### **I combine experience with deep knowledge and pour that into BEING. That is what I will teach you to do too!**

My unique soul-focused method gets deeper results in one session than people have gotten in 1 year (or more) of therapy time and time again. This is an invitation for you to become certified in that exact method so you can also change the world by healing people and their souls rather than just fixing their trauma or broken parts.

Most coaches and people talk about mindset being the ‘be all and end all’ of change in how we act and feel. And even though our mind and how we think impacts our life, hardly anyone understands fully how our nervous system impacts our thinking process.

The coaches that call themselves ‘trauma informed’ talk about healing trauma and use ‘tools’ to ‘fix’ the broken thing. That sounds great, yet... trauma doesn’t work that way. We can’t fix the broken thing. We need to enhance the part that survived in the first place, and start to strengthen THAT. The Soul will then allow the body to move through trauma.

Mind-based methods absolutely have a place. Trauma fixing tools can do some good. But both of these only go one level deep. After working with hundreds of clients I have seen that the true root is not ‘the way we think’ or ‘the trauma’ that wounds us. The true root is the way our body has been (unconsciously) taught to hold on to the meaning we originally gave to old experiences and the emotions caused by that wound.

*Suze Maclaine Pont*



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That's why the SOUL is the key to moving through it. We need to allow the body to let go of the meaning we accidentally allowed it to store.

Most people are never taught that our belly actually contains more brain cells than our brain does. They literally tell our brain what to think, and what images and stories to create, given every situation stored in our body. Our mind is a meaning-making machine. So our body is constantly referring to old experiences, and telling the mind what emotions and literally what thoughts to produce, until we can allow ourselves to move through that.

There are many systems out there trying to 'cut' these two loose. And that can be helpful for a while. But we really need to create an entire NEW set of experiences in order for the body to work WITH us in a new way if we want to heal.

### **Which is why we should not work with the TRAUMA, but with the HEALTH of the system, the Soul.**

SoulHealing is an integrative healing approach combining evidence-based, scientific, spiritual, and energetic principals which result in deeper and faster shifts than mind-based techniques are able to offer. In SoulHealing, we use a very specific series of steps that help anyone to access the healthy systems, and allow your body to move through the trauma, so you don't have to.

It works as if someone is allowing your body to get rid of its own pain, and create an entirely new relationship and memory to the event that caused it.

SoulHealing isn't just a repackaged and rebranded version of an existing tool or trick. It's a truly innovative approach to healing born out of my extensive personal embodied and professional experience of healing the Soul.

Although the certification process is incredibly in-depth and covers all the relevant theory on trauma out there (as it should) the technique itself is beautifully simple to deliver.

We will cover all the basic areas of trauma and work with many tools and techniques, yet the most important one is the tool of regenerating your OWN nervous system while working with the client.

### **We don't 'heal the Soul', we use the Soul as a tool for healing the pain.**

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**Spotting trauma is easy. Going for ‘their’ trauma is easy. Healing it is a very different ballgame.**

The tools enable the Soul to speak instead of the unconscious mind, and reveal the client's strength and help you build that strength. Spotting the trauma and seeing what went wrong is easy. Deeply understanding how to get OUT is an entirely different thing and even though it is simple, it is not a ‘trick’ or tool. It is a matter of your nervous system helping to heal theirs.

**Once you can allow yourself to be in the space the client’s system needs you to be, it heals them significantly in sessions of one hour.**

When you experience that level of health in your own system, when your Soul is truly in the lead by choice, every time, and once you can offer that kind of deep transformation to your clients, both their and your personal life will start to take a turn you can’t even imagine right now. You and they will truly get access over your true potential. Your Soul’s wisdom, and all the gifts you came into this world with.

😊 No deep work spread out over weeks, months or years before your clients experience transformation. They will see and feel immediate transformation after every session!

😊 No questions inside your own mind whether you are “enough” or fearing if your client will get results or not... you will BE the tool, and KNOW

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## Here's what you can expect as a certified Integrative Trauma Therapist and SoulHealer...

- Regenerate your own nervous system and trauma so that you will experience huge shifts in yourself, your relationships and your business
- Feel COMPLETE and create deeper connections, love, and inner peace than you ever thought possible
- Become an outstanding coach and leader with the reputation of creating lasting transformation in only a few sessions
- Have your clients share your name and their results everyone because they are SO HAPPY
- Confidence in who you are being during sessions, your sense of enoughness and your ability to find the pain precisely and deliver incredible results every time
- Charge high prices for your sessions and get clients who are happy to pay
- Living in true and deep alignment with your Divine Soul, grateful for the work you do and the transformation you see in your clients
- Use your intuition and personal experiences within your sessions and see the depth and results increase because you ARE the tool
- Attract clients who just feel a big yes when they meet you and confidently charge for the true value transformation you provide

**WHETHER YOU ARE A DOCTOR, COACH, TRAINER,  
LEADER OR PROFESSIONAL working with people,  
THE INTEGRATIVE TRAUMA THERAPY  
CERTIFICATION TRAINING HAS BEEN DESIGNED  
WITH YOU AT HEART**

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**The first step to owning your true gifts is to become human and enable yourself to simply BE and not have to 'do' things with and to your clients all the time.**

It is your presence that heals, not your 'tricks and tools'. This might feel easy and like a sigh of relief... or it might take some parts of you to work through resistance. (My GOD had I deep work to do on myself....I hid behind the idea of "doing things" with people before fully stepping into simply being 'me' and using my beingness and energy and who I truly AM)

The fact is, your nervous system is your tool. It is your presence, your ability to regulate your own system and your simply 'being' that does the real work, not your tools or knowledge.

The more comfortable YOU are with your own presence, the more you love you, standing next to the other person, the more effective their strong parts will copy that and heal whatever there is to heal...

Do you have a deep desire to become a coach, leader or person who is known for the simple, authentic, profound and quick results their clients experience every single time just because YOU are YOU?

Do you want your work to be so impactful it creates an effect that spreads out and lights up the people your clients interact with and thus spreads out into the entire world?

Do you know deep down you have the potential to become truly great simply by being who you truly are and having your Soul lead you?

Are you ready to start your journey on this planet where your Divine Soul is in charge taking others with you in your wake?

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## INTEGRATIVE TRAUMA THERAPY CERTIFICATION

### PART 1: Becoming the Tool

We live in a world of thousands, maybe even millions of coaches and healers. Some good, some great, many only 'so-so', depending on the tools they have learnt more than on who they ARE. I believe the only way to help others listen to their Soul and allow their Soul to heal them, is to go that journey before them. That's why it is truly crucial to go deep and learn how to regulate your own nervous system before you even START to think of working with others.

I want you to become so skilled in regenerating and tapping into your own soul, that you BECOME the tool instead of trying to 'use a tool' with your clients. That's what will create the deepest transformation.

Part 1 of the Training for Soul Healing Trauma Therapy Certification is centered around the basic blocks we need to regulate our own nervous system while working with trauma in clients. The difference between spotting trauma and helping someone to move through it has ONLY to do with the state of our own nervous system and our ability to be fully present with whatever is triggered in ourselves. Nothing else.

The Soul Healing Academy helps you become so human that your clients are simply invited into a space where healing starts to happen.

The first year consists of four modules (which can also be taken separately):

1. Fear and Trust
2. Attachment
3. Shame and Intimacy
4. Dissociation

Once we truly navigate these areas ourselves, these are things that will become possible:

- Repair relationships with your parents
- Develop deeper connections with your children
- Heal trauma and find forgiveness for abuse, abandonment, neglect
- Recover from addictions
- Find inner peace and a deep sense of enoughness
- Develop clarity and confidence in your work
- Heal from imposter syndrome, procrastination and self sabotage
- Connect with your true power
- Get rid of doubt and enable yourself to choose with inner certainty and confidence
- Trust life!
- Use your Soul's Voice and speak up when you truly need to and want to
- Create deep relationships and navigate anything together
- Heal your money and receiving wounds and allow abundance in your life

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### PART 2: Mastering the Tool, to facilitate healing and navigating the inner world of trauma

Once you truly understand the four big parts of trauma from the inside out, you will become a masterful healer with unwavering confidence.

I don't just want you to learn about trauma, I want you to master regulating your own nervous system so that others can navigate their trauma. That takes months of practice and feedback.

Accordingly, the certification has been set up to provide exceptional levels of support, so that when you deliver sessions to your own clients, you do so with unwavering confidence.

Part 2 of the Training for Soul Healing Trauma Therapy Certification is centered around the basic blocks we need to help others move through and regulate their nervous system. There are many parts to healing trauma, most of which have nothing to do with trauma itself. We need to recognize where health in a system is built, how to enhance that and how to allow the client's system itself to work on the trauma.

The Soul Healing Academy helps you become so human that your clients are simply invited into a space where healing starts to happen.

The second year consists of four modules of 4 days each:

1. Developmental trauma
2. Generational trauma
3. Trauma due to abandonment, abuse, neglect, psychotic parents or death
4. Shock trauma

Here's how you'll develop mastery:

1. In-depth training on the 4 different types of trauma and how to navigate these so you can confidently and expertly deliver the therapy to your clients
2. Videos where you can watch me, delivering full sessions
3. Understand exactly how to respond to and work with disclosures of abuse (including sexual and narcissistic abuse)
4. Know how to implement safety plans and ensure safe practice
5. Mastermind on group calls (in the months between the 4-day sessions) about how to get your clients the best results whatever issue they're facing, so you always feel supported in your practice

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### Practical Information

#### **Part 1: Becoming the Tool - next Dates:**

Module 1 - Shame & Intimacy	March 2026
Module 2 - Attachment & Connection	2-4 April 2025
Module 3 - Fear & Trust	3-5 September 2025
Module 4 - Dissociation	3-5 December 2025

Note: there is no specific order to the modules, you can take them at your own pace or even just choose 1 or 2 and leave it there. The specification per module is in this pdf

**Location:** live in-person in Voorst, one hour east of Amsterdam in the Netherlands

**Included:** all meals during the program and all materials

**Not included:** VAT, travel and overnight stay

#### **Price:**

Per module: ~~€2.000~~ per module €1.500 if paid in full

All four modules: ~~€8.000~~ currently €5.000 if paid in full

Payment plans available

#### **SIGN UP HERE:**

**Separate modules:** <https://suzemaclainepont.thrivecart.com/ittc-year-1-modules/>

**Full first year:** <https://suzemaclainepont.thrivecart.com/ittc-year-1/>

#### **Part 2: Mastering the Tool - Dates:**

**Only available after taking Part 1** - option of following year 1 in modules and taking time to do that

Module 1 - Shock Trauma	January 2026
Module 2 - Developmental Trauma	April 2026
Module 3 - Generational	September 2026
Module 4 - Complex Trauma	December 2026

**Location:** live in Voorst, one hour east of Amsterdam in the Netherlands

**Included:** all meals during the program and all materials

**Not included:** VAT, travel and overnight stay

**Price year 1 and 2:** ~~€13.000~~ currently €10.000 if paid in full

Payment plans available

#### **SIGN UP HERE:**

<https://suzemaclainepont.thrivecart.com/ittc-year-1-and-2/>

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### WHAT OTHER PEOPLE ARE SAYING ABOUT SOULHEALING...

“One hour of working with Suze was more powerful than over 10 years of working with other therapists.”

“The missing link to any work I have done before, I truly want to add this to my own skills!”

“Extremely powerful work, but not for the faint of heart”

“I thought I knew what letting go was until I met Suze!”

“I am blown away, I seriously never could have expected anything this deep in one hour!”

“The most profound thing ever experienced (despite years of therapy)”

“25 years of being a psychotherapist myself and I have never experienced this deep level of work”

“Suze finds connections and wounds I never even KNEW where there, let alone that they could have been attached to these areas”

“I rate this course an 8 out of 10, of all the 8 from before is because: this is not for the faint of heart/everyone... that's why it is not a 10) Suze has broad knowledge, tons of experience, a unique approach and the capacity to hold space so incredibly that it seems anything is possible in it. Intense and eyeopening - besides getting to know my inner games about shame I already learned how to be different/better with clients (or anybody for that matter) after just module 1 too - other than that I am curious how it adds up with the other modules”

“I rate this 9 out of 10, because we get some really apprehensive theory with excersizes that let this theory land in the body so after three days you will feel the shift in your body from stress to expansion. Valuable for everybody who communicates with other people, since it helps to stay on your own ground and present for listening.”

“I rate this 10 out of 10. It was not what I expected but everything I needed, Suze can hold you so gently in a safe space, helping you to navigate your trauma, while teaching you how to regulate your system and hold space for yourself and manage your own emotions. It's experiential in nature and reaches places other training just do not, focusing on the body, the importance of moving that allows stuckness to be felt and released, allowing masks and facades to drop, revealing our authentic selves. Suzes knowledge and experience is invaluable.”

*Suze Maclaine Pont*



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“ Suze is second to none with her knowledge of trauma and its impact and she has an ability to create such a safe space that profound shifts are inevitable”

“If you want to experience being in a safe space while working on your trauma’s and to understand yourself better than this is your training.

The trauma work we do with Suze is very deep healing work and it is also combined with lightness at the same time. Suze helps you to become the person you were meant to be, by peeling back the layers of trauma that are keeping you from living you life fully.”

“it is comprehensive  
does not start from problems  
Goes to the deepest core  
in the greatest safety and warmth”

“There are so many reasons to join! Every module has its own unique flavour and you will get out of it exactly what it is you need to learn in that module. Suze knows what she's doing. She is highly qualified, highly experienced, highly gifted in many areas, and she helps you release the deepest set trauma you didn't even realise you had. Afterwards you feel relieved and renewed somehow. I found it especially profound when I was ready to release deep set trust issues, and this came about because Suze was able to guide me there and involve the group. It would never have surfaced had I consciously wanted to, because I didn't know it was there. Suze did. And this is what makes it so special to work with her. None of us know what is going to surface, but we all know something will and we'll all benefit. Suze also knows how to teach, how to lead, how to handle a group, establish trust. She creates an environment of trust where it's possible to do the really deep work.”

“In general: the affirmation and explanation for what I was already thinking (had observed and experienced): that 'professional distance' in therapeutic relations is in many cases not helpful.

For me personally: After day 1 the question came to my mind: Am I dissociated all the time?! Day 2 showed me that even if that would be so, my soul has been there also all the time, and the dissociated part is not a bad thing per se. When I can consciously connect with both, these pieces in myself will fall into place. This is the point where I can trust myself, have confidence and do not have to feel afraid and alone. I can connect with others from there.”

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### Would you stay in prison if the door was wide open?

Joining The Integrative Trauma Therapy Certification Program will provide you with all the tools to BE the tool your clients need to navigate their trauma.

As much as I would love to heal everyone's past in 2 years, it is a lifelong journey. And I cannot do it all by myself with everyone on the planet.

So I need other people to be fully trained in my work.  
And these need to be people who are willing to DO the work themselves.

This certification is not for everyone.

It is for people who are willing to BE the tool. That means that it is for people who know that trauma is a lifelong journey of unfolding, where your Soul will lead your path. Not a path of 'knowing' or 'getting there' or 'being able to do it all alone'.

There is no list of certificates we need to see. We just need to know who you are, what kind of work you have done previously when it comes to your own personal journey.

To see if you are a fit, click below and book your call with Sophie, our lead-coach, and ask any questions you might have about the certification program or logistics:

Click [this link here](#) if you want to say yes and book, but still have hesitations. Sophie will help you work through what is best for you.

We have limited spaces available, so don't miss your chance to become certified in one of the most powerful yet gentle methods I know. I cannot wait to work with you and support you and your practice.



*Suze Maclaine Pont*



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## Trauma Specialist & Business Coach

### Module 1 - Shame & Intimacy March 2026

A three-day exploration into the essence of being human

Chronic, internalized shame is often invisible—not just to others but to ourselves. It's a hidden, intimate relationship of self-rejection that permeates our whole being. This deeply rooted shame keeps us distanced from our Soul and our truest selves. It fuels an endless cycle of hiding—hiding from our core and from the vulnerability of being truly seen by others. But internalized shame goes beyond a mere “social” feeling; it anchors itself as a persistent sense of self-devaluation, exposure, and self-hatred, forming the very foundation of painful self-alienation.

In this state, we feel trapped, unable to break free from the inner psychophysiological grip of shame. Shame doesn't have words—it begins in a place beyond language, beyond what can easily be named or described. Yet, to free ourselves, we need what we often fear most: the sensitive, gentle, and often intimate connection with others.

Living in the isolation of shame keeps us from expressing other emotions and prevents the genuine human contact we need to feel whole. In hiding, we conceal not only from others but from ourselves. Like children who stumble upon a skeleton in a game of hide and seek, we sometimes find that the ultimate hiding place has kept us isolated from life itself.

Only through meaningful connection can chronic self-rejection be transformed into a deeper sense of self. Our desire for closeness and intimacy arises from a fundamental need to be truly felt by another. This longing to experience our own “I am”—pure being—stems from our deepest inner health. But to be our true selves requires a profound connection with our Soul, our inner self, and a felt connection with others.

Over these three days, we'll dive into the nature of shame, exploring how developing sensitivity, gentleness, and interactional attunement can gradually break the cycle of shame.

Please Note: This seminar is primarily a teaching experience. While we'll engage in deep personal work to uncover our unique shame dynamics, it's important to remember that this process alone won't heal all forms of shame permanently. Instead, it's the beginning of an ongoing journey toward self-acceptance and connection.

#### Price:

Per module: ~~€2.000~~ per module €1.500 if paid in full

All module: ~~€8.000~~ currently €5.000 if paid in full

All prices include meals during seminars. VAT, overnight stay and transportation are not included. Payment plans available

**SIGN UP HERE:** <https://suzemaclainepont.thrivecart.com/ittc-year-1-modules/>

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### Module 2 - Attachment & Connection- 2-4 April 2025

A three-day seminar on Attachment and Connection – unlocking wholeness, vitality, and personal power

Attachment shapes how we connect to others, beginning from our very first day on this planet. When secure attachment is lacking, we may find ourselves dissociating from our true Self. Dissociation is a complex and sensitive terrain—intangible, subtle, yet deeply impactful. It disrupts our inner experience, affecting the continuity between our consciousness, memory, identity, and perception. This disruption can be barely noticeable, or it can manifest as a profound and restrictive influence on our lives.

Often, structural dissociations in personality become organized around particular inner reactions: certain feelings, thoughts, flashbacks, self-images, or internal parts. These patterns can transform the routine of daily life into a unique hero's journey, as if every day is a struggle to hold oneself together. Managing the emotions and disjointed experiences of daily life consumes our energy, depleting us and diverting our creative potential into the task of coordinating our fragmented inner world. Over time, this experience of fragmentation can start to feel like the very core of “who I am.”

This lifestyle often gives rise to intense attempts at self-regulation, which may appear as substance misuse, self-harming behavior, emotional numbness, or even a rigid, whole-body tension. These patterns often prevent real encounters with others from taking root. As structural dissociation persists, these inner parts become increasingly automatic and rigid, inhibiting the development of a stable, integrated sense of self that remains consistent across life's different situations.

For therapists and healers, reaching into this inner world—or sometimes, inner absence—requires a finely tuned sensitivity. The absence of contact can leave us feeling perplexed and helpless, but it calls for exploratory, inviting, and occasionally challenging interactions that demand perceptiveness and practice. Various models can help us visualize and understand these elusive inner worlds, appreciating them in their uniqueness. It's a delicate dance, where we learn to communicate with multiple parts on multiple levels, finding rhythm and flow even amid inner fragmentation.

Please Note: This is a teaching seminar. While we will engage in profound self-discovery to uncover personal patterns of attachment and dissociation, this process alone will not fully heal the trauma associated with these dynamics. It is, however, a powerful step on the journey toward integration and resilience.

**SIGN UP HERE:** <https://suzemaclainepont.thrivecart.com/ittc-year-1-modules/>

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### Module 3 - Fear & Trust - 3-5 September 2025

A three-day seminar to explore and heal our earliest relationship imprints, uncovering the roots of fear, trust, and the coping mechanisms that shape how we perceive the world.

Our deepest yearning is to belong, to feel truly connected. We crave the experience of being "felt" by others, of being held, and of engaging in meaningful connections when we are deeply touched. Our ability to form lasting, fulfilling relationships is one of life's most essential experiences; it sustains us as fundamentally as daily bread or the air we breathe. In every aspect of life, we rely on genuine encounters to experience integrity, wholeness, and a true sense of being.

However, our capacity for contact and bonding forms long before we have the awareness to understand it consciously. This is why we can't alter deep-rooted patterns, imprints, and habits through sheer willpower. Within us, an unconscious body memory shapes our emotions, perception, and relationship behavior, coloring our interactions with others. It feels as if it's simply "who I am," a part of us that resists conscious control—and, in many ways, it is.

To move beyond these patterns, we are more interconnected than our independent selves may want to admit. In a profound way, we need each other to become ourselves. It is through encounters with others that we find a deeper connection to ourselves, allowing us to truly be with ourselves, even when we are with someone else. The paradox is clear: our independence and self-reliance can only grow from strong, supportive bonds. To feel nourished in relationship, we must engage our whole being, turn inward, and cultivate an awareness of our own and others' internal states. Only then can we trust and fully experience meaning and fulfillment within relationships.

This seminar offers a space to experience and transform relationship imprints within a supportive and intentional framework. Here, we can reach into the places that often feel untouchable, bringing a renewed sense of vitality where rigidity once prevailed. In a safe, protected environment, we allow ourselves to experience deeper dimensions of connection, both within and with others. It is a long-awaited seminar for those who yearn to feel fully themselves in the context of a shared community.

"Show me the way to me." That is the essence. This seminar focuses on connection in an age that often lacks real encounters. For many, the fear of our own reality feels more tangible than anything else in life. Self-perceptions, aspirations, and beliefs often act as shields, keeping us from our wounds and preventing the healing, enlivening contact with ourselves that we need.

*Suze Maclaine Pont*



# Suze Maclaine Pont

## Trauma Specialist & Business Coach

In a world where relationships can feel distant—whether due to physical separation, technology, or inner disconnection—our opportunities for genuine connection are often weakened. The hunger for contact, for touch, for being with others becomes a painful yearning. Many find themselves in compromised relationships, choosing a little connection over the emptiness of isolation. But without real response, we are never truly filled.

This seminar explores a fundamental question: Which comes first—my connection with myself, or my connection with you? Does my encounter with you help me meet myself, or must I first find myself before I can meet you? What's clear is this: my lack of connection with myself calls out for you. Through your acknowledgment, I find the courage to honor parts of myself I've yet to see. I owe this encounter with myself to you, just as I offer myself to you in our shared journey. From this place, something emerges between us that defies words—yet the feeling of fulfillment is more real than real.

In this seminar, Suze will bring her presence, life experience, and layered expertise to guide participants in understanding their relationship dynamics. Together, Jakko and Suze will share their personal practices in relationships, opening themselves with the necessary intimacy to model real connection. Step-by-step, we will regulate the intensity of our experiences, allowing what needs to emerge to arise naturally from the silence. Realizing yourself—a profound, quiet endeavor.

Please Note: This is a teaching seminar. While we will engage in transformative self-discovery to uncover personal dynamics, this work alone is not meant to completely heal all forms of related trauma. It is, however, an essential step toward a more authentic, fulfilling self.

Venue: Hoeve de Kempe - Haanstraat 8 - Voorst the Netherlands

### Price:

Per module: ~~€2.000~~ per module €1.500 if paid in full

All module: ~~€8.000~~ currently €5.000 if paid in full

All prices include meals during seminars. VAT, overnight stay and transportation are not included. Payment plans available

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### Module 4 - Dissociation - 3-5 December 2025

A three-day seminar on Integrating Dissociation

~ Recommended prerequisite: Module 2 on Attachment ~

These three days are an invitation to pause, reflect, and rediscover what is essential in the relationship with ourselves and with others. All dissociation begins with a lost sense of connection—with our own self, and with the world around us. Yet, in reconnecting through conscious encounters, we find a profound opportunity to reintegrate these lost senses of self and restore a deep connection with our Soul.

Throughout the seminar, we will explore the delicate power of subtle encounters—with ourselves and with others—as the gateway to reconnecting with the essence of who we are.

In a world saturated with noise and fleeting attention spans, loneliness and a loss of true connection have become increasingly prevalent. Many of us suffer from this lack of connection: unable to fully feel, perceive, or reflect on our lives and relationships. Routine and stress take precedence over something far richer, while emotional abandonment and the endless hum of media push us farther away from what is uniquely ours, often out of sight and beyond our perceptual horizon.

As true connection fades, we lose the experience of being deeply “felt.” Feelings and sensory perceptions become suspect—perhaps even threatening—and symptoms may be our only signals back to ourselves. Without these connections, we come to accept a diminished self as the norm. Yet numbness inevitably builds into anger and aggression over time, as Arno Gruen explores in *The Betrayal of the Self*. Denying our perceptions and feelings makes us robotic, distorting the human experience at its core. It distances us from our deeper humanity and from the transcendent connection we have with God, our Soul, and the Universe. For some, dissociation even becomes a refuge, an ultimate hideaway that reinforces disconnection from the Self as if it were a solution.

In this seminar, we’ll turn to silence, simplicity, and gentleness, engaging in trauma-sensitive encounters to reorient ourselves in our perception of self and others. This isn’t about doing; it’s about the small, subtle moments that reach the essential. It’s about the few fundamental qualities that touch what some describe as the intimate source of our being. Sensitive receptivity—where thinking, talking, and understanding pause—opens us to a quality that defies words and allows us to reconnect.

Dissociative Parts and Attachment Work for Ego Integration

Building on the understanding of dissociation we explored in Module 2 on Attachment, this seminar focuses on the therapeutic practice of integrating fragmented ego parts. We draw

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upon parts work from various therapeutic models, including ego-state therapy (Watson & Watson), schema therapy (Young), transactional analysis (Berne), the inner team model (Schulz von Thun), structural dissociation (van der Hart, Nijenhuis, Steele), and hypnosystemic approaches.

Dissociation, as a complex disorder, requires an intricate synthesis of attachment dynamics, a systemic understanding of relational interactions, and the resolution of affect-avoidance strategies. Context-sensitive parts work and a finely attuned perception of subtle state transitions are essential to the process.

We will engage in slow-motion work, integrating stillness, mindfulness, and specific attention-control techniques, alongside imaginative distancing, to help merge fragmented aspects of ego identity into a cohesive self-experience. This multi-modal approach requires mindful self-awareness, balancing subtle self-observation with the courage to encounter oneself deeply. The interplay of focused attention and physical processing will soften the rigidity of partial states, allowing for integration.

Overcoming situational unawareness of ego parts, addressing deep vulnerability, and loosening the tight grip of control mechanisms are just some of the challenges on the path to ego integration. Practice, patience, and perseverance are vital. Developing a deepened self-relationship and an integrated, resilient ego calls for a careful yet courageous approach, particularly in moments where fear must be faced.

This seminar will focus on practical treatment work, providing an applied framework for exploring and integrating dissociative parts. Supervision will be available to a limited extent, depending on time requirements.

Please Note: This is a teaching seminar. While we will engage in profound personal work to uncover and understand individual dynamics, this experience alone will not heal all trauma-related issues. It is, however, a meaningful step on the path toward self-integration and enduring wholeness.

Venue: Hoeve de Kempe - Haanstraat 8 - Voorst the Netherlands

### Price:

Per module: ~~€2.000~~ per module €1.500 if paid in full

All module: ~~€8.000~~ currently €5.000 if paid in full

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### Resources and Inspiration

#### **Teachers Suze studied with:**

Eric Berne - Transactional Analysis  
John Grinder - NLP  
Bert Hellinger - Family Constellations  
Gabor Maté - Compassionate Inquiry  
Richard Schwartz - Internal Family Systems  
Child Trauma Institute, Ricky Greenwald - EMDR  
Johannes Schmidt - Aptitude Academy  
Bessel van der Kolk - Dissociation  
Peter Levine - Somatic Experiencing  
Wibe Veenbaas - Masks people wear  
Pat Ogden - Sensori Motor Psychotherapy  
National Institute for the Clinical Application of Behavioral Medicine

#### **Other people and fields Suze studied:**

Russill Paul - Tantra  
Fred O Donaldson - Natural Play  
Dr. Robert Lawrence Friedman - Healing Power of the Drum  
Marius Engelbrecht - Voice Liberation  
Franz Ruppert - IoPT

Judith Lewis Herman  
Michael Singer  
Neale Donald Walsch  
Wayne Dyer  
Caroline Myss  
Victor Frankl  
Vianna Stibal  
Brené Brown  
H. Ronald Hulnick  
James Finley  
Ken Wilber  
Dr. Joe Dispenza  
Byron Katie  
Desmond Tutu  
David Hawkins  
Maxwell Maltz  
Kazimierz Dąbrowski  
Gary Zukav

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