For any questions, feel free to reach out. I look forward to holding this space for

> you. With love, Suze Maclaine Pont

Finding God in Everyday Life 18-22 July 2025



Dear Traveler,

You have stepped away from your everyday life to remember something essential—that the divine flows through all things, including you. These six days are a gift you've given yourself, a chance to reconnect with the deeper currents of meaning and purpose that sustain your work in the world.

This program will guide you through daily contemplative questions, communal living practices, and evening integration circles. Everything we do—from preparing meals together to working in the garden, from silent reflection to deep personal sharing—is an opportunity to find the sacred in the ordinary.

There are no spectators here. Each of us brings our whole selves to this circle, and each of us will discover our own unique expression of the divine. Welcome home to yourself.

What This Retreat Offers

- ✓ Silent Contemplation Begin each day with a guiding question, allowing the answers to unfold naturally through your experiences.
- ✓ Deep Trauma Work Evening circles for personal transformation, guided by me and my trained team.
- Sacred Rituals Outdoor ceremonies and practices that honor your journey.
 Communal Living – Light gardening,
- cooking meals together, and co-creating a deeply connected space.
- ✓ Sound Healing Restorative sessions that bring harmony to the body and mind.
 ✓ Nature Immersion – Time in the orchard, under the open sky, embracing the wisdom of the land.
- ✓ 1:1 Sessions & Massage (Optional) Additional healing opportunities during silent periods (extra cost, must be booked in advance).



A Sacred Space for Deep Healing & Connection

In the stillness of nature, away from the noise of daily life, this six-day contemplative retreat offers you the opportunity to turn inward, reconnect with yourself, and find God in all aspects of life. Whether you understand God as a spiritual presence, a guiding force, or the depth of your own soul, this retreat is designed to help you align with that truth in a profound and embodied way.

Guided by deep contemplative questions, you will step into each day with intentionality—listening, sensing, and experiencing the world around you. In the evenings, we gather in a sacred circle for deep trauma work, reflection, and integration. Through shared meals, light garden work, and creative expression, you will learn how to bring this sense of presence into everyday life.

At the end of this retreat, you will walk away with a deeper connection to yourself, a renewed understanding of your purpose, and a profound sense of peace that extends far beyond these six days.



Who This Retreat is For

- Doctors, Coaches, Therapists, Leaders, Entrepreneurs, and professionals seeking a deeper connection to their own path.
- Those who feel called to integrate spirituality, healing, and purpose into their everyday life.
- Anyone ready for deep personal transformation in a space of profound safety and connection.

This retreat is not for those looking for a casual getaway—it is an immersive, deeply healing journey that requires full presence and commitment.

Location & Accommodations

The retreat takes place on my private estate—a farmhouse nestled deep in nature, accessible only by a private road. With full privacy, an orchard, and vast open landscapes, this space is designed to hold you in stillness and safety. Participants are welcome to camp on-site.

Meals are fully included, and food preparation will be a shared, nourishing experience guided by my daughter, a private chef.

Options for your Stay

For your accomodation you can choose

- Camping in the orchard, both tents and campervans are welcome - no electricity available or needed (included in price)
- Renting one of our tents fully equiped (extra cost)
- A nearby hotel (not included)

We drive to Zutphen every morning to pick up hotelguests. This service is included.







Daily Rhythm

6:30 - 7:30 AM | Morning Meditation (Optional) 7:30 - 8:30 AM | Breakfast 9:00 - 10:30 AM | Morning Circle & Daily Contemplation 10:30 - 12:30 PM | Personal Integration Time

12:30 - 2:00 PM | Communal Lunch Preparation & Meal 2:00 - 4:30 PM | Afternoon Practice (Garden, Art, or Movement)

4:30 - 6:00 PM | Rest & Reflection 6:00 - 7:30 PM | Dinner Preparation & Meal 8:00 - 10:00 PM | Evening Integration Circle 10:00 PM | Sacred Silence Begins





Investment & Registration

- €2222 (excl. VAT) includes full participation, all meals, and on site camping.
- Maximum of 20 participants to ensure a deeply personal experience.
- Intake Call Required To maintain a safe and aligned group, registration includes an intake call with Sophie. If it's not the right fit, your investment will be fully refunded.
- Optional 1:1 Sessions & Massage Available at an additional cost, must be pre-booked.

→ Spots are limited and will fill quickly. Book your place now and take this step towards deep connection and transformation.

Click here to BOOK NOW





Practices & Agreements

Presence: Bring your full attention to each moment and activity.

Confidentiality: What is shared in our circles stays within our circles. Self-Care: Honor your needs and boundaries; rest when needed.

Participation: Engage fully in communal activities and sharing circles.

Sacred Silence: From 10:00 PM to 7:30 AM, we practice speaking only when necessary.

Digital Detox: We invite you to disconnect from devices during our time together.

What to Bring

Practical Items:

- Weather-appropriate clothing
- Camping gear if staying on premises
- Journal and pen
- Comfortable clothes for movement
- Work clothes for garden activities
- Personal toiletries
- Meditation cushion (if you have one)

Personal Items:

- A small object of personal significance for our community altar
- Any medications you need
- · An open heart and willing spirit







It doesn't interest me if there is one God Or many gods.

I want to know if you belong – or feel abandoned; If you know despair Or can see it in others.

> I want to know If you are prepared to live in the world With its harsh need to change you; If you can look back with firm eyes Saying "this is where I stand."

I want to know if you know how to melt Into that fierce heat of living Falling toward the center of your longing.

I want to know if you are willing To live day by day With the consequence of love And the bitter unwanted passion Of your sure defeat. I have been told

> In that fierce embrace Even the gods Speak of God.

> > - David Whyte -



Would you stay in Prison if the door was open?

For any questions, feel free to reach out. I look forward to holding this space for you. With love,

Suze Maclaine Pont & Jakko Smit